



The Bosun's Whistle

Submitted by
Ron Reinsel, Commodore

Summer's (almost) past; it is hard to believe that it is time for September already. When I was writing the last Bosun's Whistle article, the summer was just getting under way. We had just celebrated our 56th Club anniversary and were planning for the Fourth of July. Now Labor Day (and our Wounded Warrior Picnic) is upon us, summer vacations are over, and school is about to start. More importantly, however, we can now begin to look forward to the cooler days and wonderful nights of the fall boating season, not to mention the fall party season. The good news: in order to extend summer season just a bit longer, we will be keeping the pool open past the traditional Labor Day closing until September 11. Enjoy! And remember - with the end of summer we also begin again with our regular monthly Membership Meetings. The first of these will be on Thursday September 1st at 8:00 PM.

As we begin the new season, we are also pleased to announce that plans for our marina upgrades are progressing. We have just taken the first important step by awarding the contract for engineering studies and permitting applications for our long-awaited dredging. The study and application submission process should take about six weeks. After that we are somewhat at the mercy of the permit grantors, specification and contract bidding, and finance finalization - not to mention fitting into a limited time window when dredging can actually take place. However, the longest journey begins with the first step, and that step has now been trod. Many thanks to Long Range Planning Committee Chair Bill Gard, Jim Borches and Jeff Kirkland for all of their great work.

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Get to Know the Candidates for the MVYC Board of Trustees

The Mount Vernon Yacht Club Bylaws require the Board of Trustees to appoint a nominating committee to develop a slate of officers to run for election in November of each year. This year the Board appointed Immediate Past Commodore Bill Gard to chair a committee that includes Blair Beggan, Pat McCarthy, Jim Borches, and Past Commodore Jim Hamrick.

The nominating committee is very pleased to present the following slate of officers:

Candidate for Commodore - Ron Reinsel

Ron and his wife, Claudia, are original Mount Vernon area natives who joined MVYC in early 2005 and jumped right into the swing of Club activities. Almost immediately after joining, Ron became a hammer-swinging volunteer on the reconstruction of C and D docks. Since then he has been involved in most all of the Club's social and volunteer functions, including annual Commissioning Days, New Member Parties, Clean Up Days, and an active hand in a multitude of the Club's construction and maintenance projects, as well as a Master Oyster Shucker for a number of events on the Point and a regular at Friday night TGIFs. For the Club's 50th Anniversary celebration, Ron originated, designed and spearheaded the sales the Commemorative Burgee that symbolized the celebration of the Club's first half century, and whose proceeds helped fund the 50th Anniversary party. Ron also acts as the designated bard of MVYC's annual Sock Burning Festivity that marks both the spring equinox and the semi-official beginning of the Club's preparations for the boating year. Ron is now completing his first year as Commodore. Before that Ron served two years as Vice Commodore and also a two year term as a member of the Board of Directors. During his tenure on the Board, Ron has served as the Chair of the House Committee, two years as the Co-Chair of the Marina Committee, and also served as the Chair of the Membership Committee. He also has worked extensively on liability and insurance matters for the Club.



Ron is a partner in a D.C. law firm and for the past thirty years has served as a member of its board of directors. He is currently the Vice President of the Claude McDonald Foundation, a non-profit corporation that owns and operates a youth camp in the foothills of the Blue Ridge Mountains. When time and tide permit, Ron and Claudia love to be sailing their Catalina 25, Hoo's Here.

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The BEACON

PUBLISHED MONTHLY BY
THE MOUNT VERNON YACHT CLUB
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ALEXANDRIA, VA 22309

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All Club members may submit articles, letters and notices for editorial review and possible publication. Submission by e-mail or compact disc is encouraged.

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Cover artwork by Don Cannavaro

Deadline for Next Issue:
15th of the month

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Candidates for the MVYC Board of Trustees continued...

Candidate for Vice Commodore – Jerry Gray

Jerry and his wife Petra joined MVYC in the spring of 2004 and are active participants in club social activities and power fleet events. Having served on the MVYC Board as Director 2005-2007, Jerry chaired the Security Committee in 2006 and co-chaired the Marina Committee in 2007. Jerry served as Rear Commodore in 2009, 2010 and is completing one term as Vice Commodore in 2011. He also serves as Marina co-chair and has been responsible for the Gas Dock operation for the past four seasons. Jerry has maintained our Virginia DEQ certification for our gas pump and storage tank. He helped to setup and configure the new access control computer system. Jerry, Petra and daughter Alexandra have lived in the Woodland Park neighborhood in Mt. Vernon since June 2005. Owners of a 36-ft Carver, the Alex J III, and a 17ft Boston Whaler, the Grays spend a lot of time on the water. Jerry is a 6-year veteran of the Marine Corps and was with The Washington Post for 29 years in the IT department. Jerry's hobbies include bicycling and riding his motorcycle.



Candidate for Rear Commodore – Steve Donock

Steve has been an MVYC member for over 20 years. He has worked on several committees – Security, Marina, Club Anniversary Parties, a long range planning committee and many Oktoberfests to name a few. Steve served MVYC as a Director during 2002-2003 and was lucky enough to be Marina Chairman during Hurricane Isabel. Steve, along with other members, spent several days working to get the marina back in shape.



Steve is thinking about winding down his professional career – over 33 years with the Federal Government – where he is currently a senior manager in charge of his Agency's IT infrastructure. His wife, Kim, is a judge in the Fairfax County Juvenile and Domestic Relations District Court. They both brought boys with them when they created their family several years ago. Steve's son, David, has been around the Club since before he could drive a boat. He works for DoD, and is also in the Coast Guard Reserve, training for a deployment with his Port Security Unit. Justin (Kim's son) is an attorney in Fairfax specializing in litigation, and teaches in the Catholic University Law School.

Steve and Kim currently own a Chris Craft, "Courtship", and enjoy the longer boating season the boat has brought them. You can find both of them at the Club almost any weekend for a great part of the year. The Club's cruises and events have become an integral part of planning their year!

continued next page...

Upcoming Meetings...



Membership Meetings

September 1
October 6
1st Thurs of the month

Board Meetings

September 19
October 17
at 7:30 pm
3rd Mon of the month

Social Committee Meetings

September 12
October 10
at 7:30 pm
2nd Mon of the month

We regret to report that we have learned that long time MVYC Club member and Yacht Haven resident, Charles "Port" Portaluppi died recently after a lengthy illness. He had been in a nursing home for some time. Port was a full Colonel in the US Air Force and worked in Air Force Intelligence. He was an active power boater and was pre-deceased by his wife Jane who was also active in the Club and a well known piano teacher. Port will be buried at Arlington National Cemetery in October. Port's son Charles II ("CJ") and his wife, Candy and their kids live in the original Portaluppi house at 4601 Tarpon Lane at the corner of Forest Haven. As more information becomes available it will be provided. The condolences of all MVYC members go out to his family.



Candidates for the MVYC Board of Trustees continued...

Candidate for Treasurer – Alexi Stavropoulos

Alexi and his wife Christine joined MVYC in the spring of 2004. They have lived in Hollin Hall since 1993. Alexi is co-owner of Canal Group Builders. In 2005, Alexi volunteered many hours rebuilding C & D docks in the marina. He also served as committee boat for the sail fleet. In 2006, Alexi was elected to the board of trustees. In his first year as Director, he was chair of the House Committee. At that time, he was able to take care of various projects for the clubhouse including the additional storage shed. Other projects he was involved with were the rebuilding of A & B docks as well as outer W. In 2007 as Director, he was the Marina Co-chair. During that time, he was involved with various marina projects including the rebuilding of several finger piers on inner W and updating the gas pump and fuel hose reel. In 2010, Alexi served as Treasurer. Alexi has also served as Power Fleet Captain for several years. As PFC, he has enjoyed keeping the traditions that his predecessors had established and has also added some new events that continue to bring the Power Fleet and all members of the club together for some good times. Over the years, Alexi has enjoyed assisting in various projects as well as events throughout the club, including Power Fleet, TGIFs, clean up day, swim team and the Fourth of July pool party. One event in particular that he has enjoyed is being Captain of the boat that brings Santa Claus into the lagoon for the children’s Christmas party. Alexi can be found at the club on weekends enjoying friends and boating and is always willing to lend a helping hand. Alexi, his wife Christine and daughter Zoe love power boating and thoroughly enjoy many raft-ups and cruises and can be found on the Potomac River on their boat Triada.



Candidate for Secretary – Lu Anne Kirkland

LuAnne has been serving as Secretary of the Club during this current term. She continues to work as a court stenographer in Virginia, the District of Columbia and Maryland. These duties involve swearing in witnesses at depositions in attorneys’ offices and writing down testimony. She also covers trials and motions hearings in various courts and arbitrations. She is a Notary Public in Virginia, D.C. and Maryland. Strayer College was on F Street in Washington, D.C. in the seventies is where she obtained her degree, enabling her to perform court reporting duties, which include writing real-time stenographic notes at speeds of 225 words per minute and higher. When you see closed-captioning on TV, that’s a writer like LuAnne using a stenograph machine to capture the words and have them printed on screen in real-time. She graduated from Ft. Hunt High School in 1972, having moved to Waynewood in 1964 with her family. Her dad was a Commander in the U.S. Navy at the time. Members can find LuAnne at club parties, the pool, the point or travelling on the river at very high speeds in the Kirklands’ Yamaha jet boat a/k/a “Squirt.” If elected, she would be happy to keep minutes of the meetings conducted through the next term.



Candidate for Director – Holly Evans

Holly, her husband Woody, and their two children (twelve-year old Anna and ten-year old Will) joined MVYC in the spring of 2004. They had just moved to the Mount Vernon area from the Del Ray section of Alexandria and were looking for a year-round social club for their family. After attending a TGIF, they knew MVYC was the right club due to its friendly members, carefree style, and fun social events.



Since then, Holly has been active with the Dolphins swim team – both as a timer and as a stroke and turn judge. She also enjoys helping with the swim team concessions sales during swim team meets as well as on the 4th of July. Holly and Woody are owners of a 21-foot Sea Ray and they enjoy club raft-ups, weekend excursions, and tubing with Anna and Will and their assorted friends.

Holly is President of Strategic Counsel, LLC - an environmental law and policy consulting firm that advises members of the global electronics industry on environmental compliance and product stewardship matters.

continued next page...

Pool News

By Amy Walker, Pool Committee Chair

As we near the end of the pool season, I would like to thank Don Basham, Jim Borches and Jeff Kirkland for their maintenance work. Thanks to the Rupp family for removing the black snake who paid a visit to the ladies room one Sunday morning! I appreciated all of your comments and suggestions. Keep them coming. We will be extending the season until Sept 11, schedule as follows:

Sept 6- Sept 9: 4-8pm, Sept 10/11: 12-8pm

Enjoy the rest of your summer!

Bosun's Whistle from Page 1...

It is also hard to believe that it is already time to start thinking about elections of new MVYC Board members. The terms of three current Board members – Amy Walker, Jack O'Malley and Stewart Matthews - expire this year. Additionally, Rear Commodore Jack Sanders, who graciously agreed to serve this past year, has decided to more fully enjoy retirement.

My great thanks, and the thanks of the entire Club, go to each of these fine folks for their service and for the time and dedication that they have given to making MVYC the great place that it is. Amy has served both as Social Committee Chair last year and as Pool Chair this year. She made the parties happen and the pool a wonderful place to be. Sheriff Jack has been the head of the Security Committee for two years, during which he oversaw the completion of our fencing and gate project and the planning and installation of our new computer security access project. He has made the Club a safer sanctuary for us all. Former Commodore Matthews has been an invaluable resource of Club knowledge, experience, and wisdom. Most particularly, Stewart successfully drew together a number of other past commodores to study and recommend methods for long term financing of the planned improvements to our marina facilities that we will be sharing with the membership. Finally, Jack Sanders as our Grounds Chair for the past two years has been the man to keep us beautifully in the green. He has tended not only to the things that grow, but also kept us free from trash, our outdoor "facilities" freshly managed, and our collectables responsibly recycled. Each of these fine members has made my job so much easier and made our Club a delight. They will be sorely missed.

In accordance with the Club's Bylaws, a list of candidates to fill the coming Board vacancies is proposed by a Nominating Committee which, by Club tradition, is chaired by the Immediate Past Commodore - in this case P/C Bill Gard. Bill's committee has worked through the summer to canvas and select the following slate of candidates: for Rear Commodore - Steve Donock; for members of the Board - Holly Evans, Mike Holland, and Harriet Singleton. Their biographies, as well as those of the other Board members who will be standing for re-election, are provided separately.

Also in accordance with the Club's bylaws, other nominations (if any) for these offices may be made from the floor at our regular membership meeting in October. The election will occur at our regular meeting in November.

Club elections also mean that it is time to mark your calendars for the annual Commodore's Ball. Save the date of Saturday November 12th for a memorable "do" at the Mount Vernon Country Club.



Candidates for the MVYC Board of Trustees continued...

Candidate for Director – Mike Holland

Mike, his wife Catalina, and dogs Cody and Yogi moved into the neighborhood from Old Town in 2007, then joined the club in 2008. Mike has worked for the American Insurance Association as a Sr. Systems Administrator for 10 years. Before joining MVYC and while still on the waiting list, Mike and Catalina Holland took on the task of designing and developing a new MVYC website, and Mike continues to manage/maintain it. In 2009 Mike took over the role of MVYC Communications Director and is still in that role today. In addition to working on the Web site and sending out all club-wide emails, Mike runs the TV fund. The fund, to date, has collected enough money from the membership to purchase all of the new LCD and LED TVs, a BlueRay DVD player and two entertainment stands in the clubhouse. Mike's two boats, FishTales and After Hours keep him on the water year round. Fishing, boating and enjoying the company of others at The Point have made MVYC so much fun to be a part of.



Candidate for Director – Harriet Singleton

Harriet Singleton was born in Knoxville, Tennessee and moved to Alexandria, Va. when when her father was promoted to a Southern Railroad official (now Norfolk Southern) in their DC headquarters. She graduated from St. Mary's Elementary School, Fort Hunt High School and Old Dominion University. She joined the ranks of many Federal retirees after a distinguished career at the Department of Veterans Affairs. Now, Harriet enjoys working part time at a hair salon (not cutting hair, TG), and also provides mobile notary/signing agent services to title companies and lending institutions in the Northern VA area. She has enjoyed successes in business ventures as a partner in a retail shop, The Neighborhood Store, in Clifton, Va, and over 13 years as a sales consultant and advisor with The Longaberger Company based in Dresden, OH. As a member of the MVYC, she has volunteered, attended and contributed to many events and activities. She is fan of the pool (FoP) and the point (FoP) and the many members of the Club. She is currently working to recharge the adult side of the Ship's Store to support the swim team, the Dolphins. If elected to the new Board, she promises to contribute her time and energies where and when needed. If anyone is interested in helping Harriet with the Ship's Store, please contact her.



The following Directors were elected to two year terms in November of 2010 and will remain in office:



Don Basham



Lauren Bazel



Clay Collier

MVYC Anniversary Party

By Christine Stavropoulos



On June 25, 2011, one hundred and eighty-two members came together under a huge tent and celebrated the 55th anniversary of the Mount Vernon Yacht Club in true 50's fashion. They "Rocked Around the Dock" until midnight in their poodle skirts and rolled up jeans, white t-shirts and slicked-back hair. Parked in front of the tent were classic cars from the 50's and 60's provided by our very own club members. The dinner was catered by St. Germain's Catering – a big thanks to Joe Castor for a great recommendation and hours of help. Our wonderful libations were provided by Troy Clayton. Those fantastic table decorations were all hand-made (yes, I said hand-made) by our one and only Diane Wilson, who gave up her spare time and living and dining room for weeks for our party – thanks, Diane!



Joe Fitzgerald was our master of ceremonies, and kept us in stitches while giving us a fascinating look at our Club's history. We celebrated the wonderful people who have been members the longest with a special touch provided by Jerri and Ben Pogue. The slide show that ran throughout the evening was put together by Chris Bazel. I could go on and on thanking everyone... but at the end of the day, the 55th celebration would never have happened without my co-chair, Amy Walker, the wonderful Lauren Bazel, and an amazing committee of men and women who devoted many hours of planning, shopping and working to make it the truly spe-

Chesapeake Bay Yacht Club Association News

By Jacque Knight

TRANSIENT BOATING FUNDING CONTINUES

The Virginia Boating Infrastructure Grant (BIG) planned meet August 19 in Richmond to review applications for federal funds to improve transient boating facilities. In spite of federal cost cutting, the trust funds appear in the pipeline for another year. The Virginia Department of Public Health administers the program and convenes the committee. Participants include representatives of state agencies and boating organizations. I have represented CBYCA on the committee for the past eight years.

Transient boaters are enjoying the following facilities that have been approved at BIG meetings in the past five years: Aquia Harbor Marina in Stafford; Bluewater Yacht Marina in Hampton; Colonial Beach Yacht Center in Colonial Beach; Ingram Bay Marina in Heathville; Nauticus Marina in Norfolk, Old Point Comfort Marina in Fort Monroe; Onancock Town Dock in Onancock; Riverwalk Landing in Yorktown; Regatta Point Yacht Club in Deltaville; Waterfront Park in Chincoteague; Tidewater Yacht Agency in Portsmouth; Upton's Point Marina in Urbanna; Washington Sailing Marina in Alexandria; and York River Yacht Haven at Gloucester Point.

VIRGINIA BOATING EDUCATION PHASES IN

Personal watercraft operators 50 years of age or younger and motorboat operators 20 years of age or younger had to show they met the state's boating safety education requirements on July 1.

By July 1, 2012, all PWC operators, regardless of age, and motorboat operators 30 years of age or younger will have to show that they have completed approved courses and be able to show a card to prove they meet the requirements.

The phase in will continue with July 1 deadlines for Virginia motorboat operators at the following ages and yearly deadlines as follows: 40 years of age– 2013; 45 years of age or younger – 2014; 50 years of age or younger –by July 1, 2015; all motor boat operators, regardless of age must meet the requirements by July 1, 2016.

Information about accredited classes is available at the Virginia Department of Health's Boating Education web page.

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MVYC Distinguished Volunteer - Jacque Knight

by Bill Gard

With great pleasure, we recognize Jacque Knight as a Mount Vernon Yacht Club Distinguished Volunteer.

Jacque has for many years been the organizing force and coordinator of MVYC's annual Commissioning Day festivities that provide us with the ceremonial start of our boating season. Her tireless efforts not only get us all dressed in our best nautical blues and whites for one special day, but also bring to the Club an array of local dignitaries, official color guards and other special guests who make the occasion a complete delight. Perhaps more importantly, Jacque has an apparent direct connection with the weather gods who, with the exception of one year in recent memory, have blessed the event with fair skies and sunshine. As one of the dignitaries noted at a recent Commissioning, "No one would dare rain on Jacque's day."

In addition to her service as the guru of Commission Day, for several years, Jacque (along with her husband Ed as delegate) has also devoted countless hours and many miles of travel representing the Club in connection with the Chesapeake Bay Yacht Club Association (CBYCA). The CBYCA is an organization composed of more than 100 yacht clubs located in the five states that border the Chesapeake whose mission is to represent the interests of recreational boaters in Maryland, Virginia, Delaware, Pennsylvania and New Jersey and matters affecting the well being of the Chesapeake watershed. Jacque has served on the Board of CBYCA for several years as Legislative Director for the state of Virginia in which capacity she works closely with local officials and the Virginia Legislature on many matters of interest to Virginia boaters and CBYCA. She has also served on two Committees of great importance to the boating community: the Boating Infrastructure Grants Committee—an agency of the State of Virginia; and the Virginia Recreational Vessel Subcommittee which works with U. S. Coast Guard, the Coast Guard Auxiliary, maritime police interests and representatives of the Virginia boating community on homeland security and boating safety concerns.

Jacque and Ed moved to the Mount Vernon area in the in early 1990's and have been members of MVYC since 1994. In addition to her efforts on our annual Commissioning Days and her work with CBYCA, Jacque was elected to the MVYC Board and served as its Secretary during the mid-1990s. When the Club was renovated, Jacque was asked to chair the Committee to select the interior decorations for the new clubhouse. The results were the great success that we enjoy today.

Jacque's background is in journalism and the political world. After completing her studies in journalism at the University of Nebraska in the early 1960's, Jacque moved east to accept a position as a reporter for the Miami Herald. She had many interesting assignments, culminating in being given the role as Bureau Chief for the Herald in Key West, Florida. She covered many interesting events and personalities, including in particular the Cuban Missile Crisis during which Jacque was directed by the newspaper to go to the local naval air station and to fly on a naval observation plane to cover the crisis in real time and to take videos, from the belly of the aircraft, of the Soviet vessels transporting these missiles near the coast of Cuba. Her film, immediately sent to CBS News and shown that night, proved to be one of the principal archival records of the event.

Following her stint with the Herald, Jacque also worked for newspapers in Charleston, South Carolina and Norfolk, Virginia and as a reporter for Public Television in Portsmouth, New Hampshire. When she moved to Northern Virginia, Jacque worked for the Alexandria Gazette (then a daily newspaper) for ten years, covering civic affairs in both Alexandria and Fairfax County. She also did investigative reporting. After that, she served as press secretary for Congresswoman Virginia Smith of Nebraska, the ranking minority member of the House Committee on Appropriations. Later, Jacque also served as the Director of Public Affairs for the Food Safety and Inspection Service (FSIS) where she acted as that agency's principal spokesperson. This job became particularly challenging during the E-coli scare that affected meat products, and the mad cow disease problem in Great Britain. Over the years, Jacque and Ed have taken many short- and long-term trips on their sailboat, "Knight Passage", and they look forward to many more years of exploring the Potomac and the Bay.

Please join us in expressing our great thanks and appreciation to Jacque for all of her wonderful contributions to MVYC.

ATTENTION!



MVYC Members & Families
Please report to duty as we once
again welcome **Wounded Warriors**
from Fort Belvoir's Wounded War-
rior Transition Program



on
Saturday September 3
Labor Day Weekend
From 11 a.m til 5 p.m.



Come help show our gratitude to
these brave men and women with a
fun day of boating, fishing, swim-
ming, kid's games and bbq !



Contact Clay Collier for details:
clay@ctam.com



On Your Mark

by Juliette Clark, Swim Team Chair



The Dolphins have concluded another fun summer of swimming. Led by Head Coach Mark Murray and Assistant Coach Joe Bradley, the Dolphins competed in five dual meets, Relay Carnival, and All Stars, and wrapped everything up with a terrific awards banquet on July 31st.

Once again, our small size worked against us in the dual meets. Our individual swimmers put in excellent individual efforts, and they often place 1st or 2nd in an event. However, since we can't fill all the relays, we give up a lot of points, and so we just can't win. We do have a lot to celebrate, however, starting with our victory at the 2011 Relay Carnival. We teamed up with two other small clubs, Evergreen Country Club and Springfield Golf and Country Club, for yet another successful showing. We not only won in our Division, but we were the top-scoring team overall.

In addition to our Relay Carnival victory, this season we added some new records to the record board. The brother/sister powerhouses, Ryan and Sydney Catron, showed everyone who was boss in the pool by smashing some very long-standing records and going on to be the High Point winners for the team. Sydney scored a perfect 100 points this season by winning every individual event in which she competed. We also added a new relay record this year. The girls' 11-12 medley relay team broke a record set back in 1982. After the first meet, these girls knew they were close to setting a record, and they went into the second meet determined to finish the job. It was very exciting to see them before their relay, psyching themselves up, then starting each leg aggressively and swimming every leg like they were being chased by sharks.

Speaking of records, we have had so many new records, both last year and this year, we had to replace the record board. Our old board was too difficult to update, and today's technology allows for a completely pre-printed board that can be updated with new printed strips. As the records continue to fall, we will be glad to have this beautiful addition to the pool deck. If you haven't seen in yet, just poke your head outside the back door to the pool and admire it anytime!

As always, we won the "fun" competition again this year, with a number of terrific social events. In addition to our usual Kick-Off Banquet and Awards Banquet, we hosted two Splash Parties, ran the Fourth of July Party, and we had a team pizza party on All Stars weekend to celebrate our new record holders and "unveil" the new record board. The tradition of "Fun Friday" continued this season with pool games, doughnuts, and Bingo (with prizes). These events are making memories for our kids, and that makes it all worthwhile in my book.

The 2012 season will usher in the changing of the guard for the Dolphins. Summer 2012 will be my last season running the team, since Cara is graduating next June. (BIG pause here because I really can't believe it) To ensure that we have a smooth turnover, Sherry Catron has agreed to be the co-representative with me for the 2012 season, and then I will be stepping down from the team this time next year. Believe it or not, Sherry will be starting up with me pretty soon, since we will have our first 2012 planning meeting in October.

Many thanks to the parents who prove each year that there is no "I" in team. Our team officials were Greg Wise, Jeannine Simmons, Holly Evans, and Damara Gailliot. Greg stepped up to referee this year, which is really a break for me. The concessions chair job rotated among Traci Newcomb, Petra Gray, and Dawne Ragland, and Holly Evans chaired concessions for our very successful Fourth of July party. Sherry Catron and Amy Walker did all the scoring up on the balcony, and they got to listen to the wit and wisdom of Erik Thomas, our meet announcer, who is known throughout the league for inviting all the timers to jump into the pool. Michael and Janice Spollen took over the very difficult Clerk of Course (or cat-herder) position, and they were supported by Sally Wise, who runs the cards to the timers and then back to the scorers. Everyone else either timed, or worked concessions, or rotated in and out of both jobs. All of the home meets went very smoothly, and as usual, we received many compliments from the visitors about our lovely facility and beautiful marina.

You can see the details for Relay Carnival, team records, and All Stars, plus select swim team photos on the next page. We had a large group of All Star qualifiers and finalists this year, with a few swimmers going to Finals for their very first time. It was great ending to a great season. Go Dolphins!



2011 Relay Carnival Participants

Ryan Catron	Sydney Catron
Grace Kelly	Grace Ragland
Nicole Simmons	Cara Spivack
	Rosemarie Spollen

2011 All Star Qualifiers

Ryan Catron	Sydney Catron
Anne Gailliot	Kathryn Gailliot
Alex Gray	Grace Kelly
Connor Ragland	Grace Ragland
Nicole Simmons	Cara Spivack
Patrick Spollen	Rosemarie Spollen
Alyssa Thomas	Danielle Thomas
Lauren Thomas	Elyse Walker

2011 All Star Finalists

Ryan Catron
 6th Place – Boys 9-10 Free
 2nd Place – Boys 9-10 50M Back
 5th Place – Boys 9-10 100M IM

Sydney Catron
 3rd Place – Girls 11-12 50M Back
 2nd Place – Girls 11-12 50M Fly
 2nd Place – Girls 11-12 100M IM

Grace Kelly
 4th Place – Girls 8&under 25M Back

Cara Spivack
 4th Place – Girls 15-18 50M Back

Elyse Walker
 5th Place – Girls 8&under 25M Breast

2011 Dolphins Records

Girls 11-12 200M Medley Relay
 Old Record: L. Inge, S. Carlson, B. Beggan, L. Curry 2:44.90 (07/1982)

New Record!

S. Catron, K. Gailliot, L. Thomas, A. Evans 2:44.56

Girls 11-12 50 Free
 Old Record: Ainslie Pearsall 31.59 (07/1990)
New Record! Sydney Catron 31.45

Girls 11-12 50 Fly
 Old Record: Ainslie Pearsall 34.70 (07/1990)
New Record! Sydney Catron 34.28

Girls 11-12 100 IM
 Old Record: Blair Beggan 1:19.00 (08/1982)
New Record! Sydney Catron 1:18.10

Boys 9-10 25 Fly
 Old Record: Conor MacNair 21.87 (07/2003)
New Record! Ryan Catron 19.40

Boys 9-10 50 Back
 Old Record: Neal Beggan 41.59 (08/1987)
New Record! Ryan Catron 40.53

Boys 9-10 100IM
 Old Record: Jason Dietz 1:31.13 (07/1984)
New Record! Ryan Catron 1:31.00



MVYC Ship's Store

It is customary for yacht clubs to feature a ships store offering a variety of goods promoting the pride of the club. MVYC follows that tradition with it's own Ships Store. Some members might not know that proceeds from MVYC Ships Store supports the swim team, the Dolphins for our active young members.

Our Ships Store is moving in new directions by offering a new selection of men's and women's clothing items. We are coordinating the selection of items with a new vendor and plan for a modest inventory, in the near future, as well as customized items upon members request. The new vendor is happy to add boat names to clothing for \$5 more per item. The website will be updated as soon as it is possible. Until then, please contact Harriet Singleton at hescs@verizon.net, or 703-660-0707, to inquire about items or to place an order. Brag about our great club, stay well dressed, and help the Dolphins at the same time!

MVYC



Yah Baby



Wunderbar!



Saturday Sept 24th

Time: 6:30 til Midnight

Cost \$25 \$35 at the Door

RSVP by Sept 16th

Checks payable to MVYC

4817 Tarpon Ln

Alexandria, Va 22309

Good German Food

Music and Friendship

See you there !



September 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30 am Yacht Haven Garden Club 8 pm Membership Mtg	2 9 am Yoga Class 7:30 pm TGIF	3 12 pm Wounded Warriors Cook-Out 
4 2 - 9 pm Labor Day Raft-Up	5 AM Closed for Cleaning	6 9 am Yoga Class 	7	8	9 9 am Yoga Class 7:30 pm TGIF	10
11	12 AM Closed for Cleaning 7:30pm Social Cmte Mtg	13 9 am Yoga Class	14	15 7:30 pm Coast Guard Auxiliary Mtg	16 9 am Yoga Class 7:30 pm TGIF	17 2 - 8 pm Fall Cruise Party6
18	19 AM Closed for Cleaning 7:30 pm MVYC Board Mtg	20 9 am Yoga Class	21	22	23 9 am Yoga Class 7:30 pm TGIF	24 6:30 pm Oktoberfest
25	26 AM Closed for Cleaning	27 9 am Yoga Class	28	29	30 9 am Yoga Class 7:30 pm TGIF	



October 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 					1
2	3 AM Closed for Cleaning	4 9 am Yoga Class	5	6 8:30 am Yacht Haven Garden Club 8 pm Membership Mtg	7 9 am Yoga Class 7:30 pm TGIF	8
9	10 AM Closed for Cleaning 7:30pm Social Cmte Mtg	11 9 am Yoga Class	12	13	14 9 am Yoga Class 7:30 pm TGIF	15 Alexandira City Marina Overnight
16	17 AM Closed for Cleaning 7:30 pm MVYC Board Mtg	18 9 am Yoga Class	19	20 7:30 pm Coast Guard Auxiliary Mtg	21 9 am Yoga Class 7:30 pm TGIF	22 2 - 4 pm Kid's Halloween Party
23	24 AM Closed for Cleaning	25 9 am Yoga Class	26	27	28 9 am Yoga Class 7:30 pm TGIF	29



THE MOUNT VERNON YACHT CLUB
4817 TARPON LANE
ALEXANDRIA, VIRGINIA 22309



Long-Term Care

Over the course of a lifetime you save and invest to achieve many goals. But have you taken into account how the future need for long-term care can impact your financial security, your quality of life and your family's well being?

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- Spouses
- Parents
- Siblings
- Children
- In-laws
- Step-parents
- Step-children

For more information, please contact:

Faisal Syed-Haq

financial advisor

703.287.7134 fsyed-haq@jhnetwork.com

INSURANCE, INVESTMENTS, ESTATE PLANNING
RETIREMENT PLANNING, FINANCIAL PLANNING

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