

MOUNT VERNON YACHT CLUB

POOL RULES

Adopted June 20, 2001

The following rules are established by MVYC Board of Trustees ("the Board") for the protection of the members, their families and guests. The rules are designed to assure safe and sanitary operation of the pool facilities and to provide enjoyable recreation for all members and guests. Members are requested to caution their children and guests to observe the rules and to obey the instructions of the pool staff.

All persons using the pool do so at their own risk. MVYC assumes no responsibility for any accident or injury in connection with such use or for any damage or loss to personal property.

Persons using the pool agree not to hold MVYC liable for any acts of natural disaster (such as lightning) that might occur in the pool area.

1. The Pool Manager and the lifeguards are responsible for the safe and orderly operation of the pool. While the pool is open, the Pool Manager or his/her designee has complete authority for the management and operation of the pool. This authority includes the right to eject anyone (members, guests and children), at any time, from the pool enclosure for violating pool regulations. Such action will immediately be reported to the Pool Committee Chair. Any matter requiring immediate disciplinary action should be brought to the attention of the Pool Manager or his/her designees. After the action has been completed, the Pool Manager will notify the Pool Committee Chairman at the earliest time of the circumstances and action taken. The Pool Committee Chair may request an investigation by the Board. Comments or complaints about the operation of the pool should be referred to the Pool Committee Chair. Only a Club officer or the Pool Committee Chair may issue orders to the Pool Manager, his/her designee or lifeguards.
2. The pool is provided for the exclusive use of MVYC members, their families and their guests. (See also MVYC Rules and Procedures Section 2 relating to guests.) Houseguests are persons residing outside of Fairfax County who are bona fide overnight guests in a member's home for a period not exceeding thirty (30) days. There is no limit to the number of times houseguests of members may use the pool. No admission fee is required of members or houseguests. Houseguests resident for longer than this period may be required to pay a fee set by the Board.
3. Any person who is not an MVYC member, houseguest or bona fide child caregiver (as defined in MVYC Rules and Procedures Section 1.3) will be permitted as a guest at the pool a maximum of **seven (7) separate occasions during the pool season**. Caregivers who accompany members' children for more than this number of occasions and who are not club members may be required to pay a seasonal pass fee set by the Board.
4. All members and guests, including caregivers, must sign-in upon entering the pool area. The name of the member sponsoring each guest must be indicated. Guests are not permitted to use the pool unescorted by their member sponsor, and the member sponsor will remain with their guests throughout the guests' stay at the pool.
5. Members bringing guests **MUST** introduce the guests to the Pool Manager or his/her designee before using the pool.
6. No member or family may sponsor more than six (6) guests at any one time without at least twenty-four (24) hours prior permission from the Pool Manager. For groups of fifteen (15) or larger, one (1) week's prior approval of the Board is required. This may necessitate the payment of a fee for extra lifeguards. Preformed groups of guests in excess of fifteen (15) combining with several sponsors are also required to receive prior approval of the Board. This rule shall not apply for official swim meets when guest clubs are visiting.
7. All members and guests must comply with the Pool Rules. The Board has the authority to suspend members and deny guests from use of the pool for violation of these rules. Any penalty incurred by a guest will be administered to the member.
8. The use of the pool for Club sponsored parties or other events is subject to the prior approval of the Board.
9. The pool-office telephone is for the use of the Pool Manager or his/her designee for emergencies and official Club business. Incoming private calls for pool users will not be accepted on this telephone.

A telephone located in the pool area is provided for incoming general and private calls. Local outgoing calls may be made, but members and guests are expected to limit their use, both in the number and the duration of calls. The Pool Manager or his/her designee has the authority to curtail usage if deemed necessary.
10. Admission may be refused to any persons having any infections, disease, sore or inflamed eyes, colds, nasal or ear discharge, or any communicable

disease of any kind. Persons with excessive sunburn, open sores, poison ivy and bandages of any kind will not be admitted.

11. Entrance to the pool area is through the bathhouse. Before using the pool, all persons must take a cleansing shower in the bathhouse in accordance with Fairfax County Health Ordinance regulations.
12. No person or persons may use the pool unless it is officially open and properly staffed with lifeguards.
13. Persons using the pool will wear appropriate swimwear. Cut-off jeans, soiled, torn or tattered clothes and unduly revealing apparels are not permitted. Nude bathing, including small children and infants, is specifically prohibited. (See also Rule 25 below.)
14. Spitting, spouting of water, the blowing of noses into the water and similar unhygienic actions are strictly prohibited in the pool.
15. No foul language or unnecessary shouting or screaming is permitted.
16. The diving board area is the most dangerous area of the pool. The diving board may be closed at the option of the Pool Manager or his/her designee. Infractions of rules or misconduct in this area may result in ejection from the pool area, or other restrictions.
17. When using the diving board, all persons will observe the following rules:
 - a. Absolutely no balls, rafts, goggles or other materials are to be thrown off the diving board or put into the diving area when the diving board is in use.
 - b. There shall be no diving until the previous diver is out of the diving area.
 - c. Dive or jump in a forward direction only.
 - d. No horseplay, such as cartwheels or handstands, is permitted on the diving board.
 - e. Only one person at a time may be on the diving board or ladder.
 - f. Excessive bouncing on the diving board is prohibited.
 - g. There shall be no diving unless a lifeguard is in the deep-end guard chair and has approved the opening of the diving board.
 - h. No swinging is permitted on diving board, ladders, or lifeguard chairs.
 - i. No swimming is permitted in the diving area, except as authorized by the Pool Manager or his/her designee. After diving, the diver should swim out of the diving area immediately.
- j. Hanging or climbing on the diving board from the water is not permitted. Access to the diving board is to be from the pool deck only.
- k. When the diving board is in use, swimmers may not enter the diving well by swimming under the diving area rope.
 1. No child younger than eight (8) years of age shall use the diving board without their parent or caregiver acting as spotter. Lifeguards are not permitted to act as spotters for individual swimmers.
18. Hanging on lane lines is not permitted.
19. In order to prevent fatigue or chilling, children under sixteen (16) years of age are required to leave the main pool upon signals of the lifeguards for a rest period of fifteen (15) minutes each hour. During the rest period, all children swimmers will remain away from the wading pool. The Pool Manager or his/her designee may direct a special rest period for individual swimmers if fatigue or chill is observed.
20. Children between the ages of eight (8) and twelve (12) years may swim unaccompanied and use the diving board provided:
 - a. They have demonstrated to the Pool Manager or his/her designee their ability to swim to the established standards of safety as posted in the pool area.
 - b. The Pool Manager has on file written parental permission giving a contact telephone number and stating that the children may swim and dive unaccompanied.
21. Children under the age of eight (8) years must be accompanied at all times by an adult supervisor (parent or caregiver). As defined in the MVYC Rules and Procedures, Section 1.3, caregivers must be responsible persons age eighteen (18) years or over, who have written permission on file from the child's parents. All written permission must include the parents' contact telephone numbers.

As an exception to this rule, and for the pool and pool area only, children under the age of eight (8) years may be accompanied by an elder **brother or sister** age fifteen (15) years or older acting as caregiver, provided that the brother or sister has the parents' written permission on file. Such caregivers must remain with the child for whom they are responsible at all times while they are in the pool area.

22. When on duty, the Pool Manager, his/her designee or any MVYC lifeguard is not permitted to act as an official caregiver for any member's child or children.
23. Only children seven (7) years of age and under may use the wading pool provided they are under strict adult supervision. Children may not be left unattended in the wading pool. When in the pool or wading pool areas, such children must be accompanied by a parent or caregiver, who must remain within easy reaching distance of the child.
24. All children in diapers must also wear tightly fitting plastic or rubber pants in accordance with Fairfax County Health Ordinance regulations. Disposable diapers must also be covered with plastic or rubber pants. Because of health regulations, and to avoid excessive pool expenses and downtime, all children who are not toilet-trained must wear water-tight rubber pants.

If any child has an accident that results in defecation in the main pool and the closing of the pool, that child will be restricted to the wading pool for the remainder of the season.

If a child is toilet-trained but susceptible to accidents, the parents should eliminate the chance of an accident by choosing to put rubber pants on the child, since the child will be subject to the same restrictions.
25. Changing of diapers and infants' clothes is restricted to the changing rooms.
26. Chewing gum, glass of any kind, porcelain, and other breakable materials are prohibited in the pool, decks and bathhouse areas.
27. No skates, skateboards, scooters, roller blades, bicycles or similar devices are permitted to be brought onto or ridden on the pool deck, or ridden through the bathhouse changing rooms.
28. Smoking is prohibited in the pool and pool areas.
29. Children are not allowed on the Clubhouse stairs or observation decks unless accompanied by a parent or caregiver.
30. Pool toys and accessories will only be allowed in the pool with the permission of the Pool Manager or his/her designee.
31. There shall be no running, pushing, wrestling, ball playing, or causing undue disturbances on or about the pool deck.
32. No members or guests in wet bathing suits will be permitted inside the Clubhouse. (See MVYC Rules and Procedures Section 4.15). No person under twenty-one (21) years of age, including lifeguards, is permitted in the Clubhouse unless accompanied by a parent. (See MVYC Rules and Procedures Section 4.17.)
33. During official swim meets, usage of the Clubhouse shall be kept to a minimum. Bathroom facilities are provided in the pool bathhouse for the use of swimmers and those members or guests accompanying them. (See Rule 32 above.)
34. Persons who have been suspended from pool use for disciplinary reasons may not enter any part of the pool facility or loiter along the perimeter fence area.
35. The pool shall be cleared **IMMEDIATELY** of all people in the event of any emergency. The signal for this will be **THREE SHARP BLASTS ON THE GUARD'S WHISTLE.**
36. **ABSOLUTELY NO PETS** shall be allowed in any part of the pool facility.
37. All refuse will be placed in the containers provided.
38. The pool will be closed when necessary for maintenance operations. At such times, only authorized personnel are permitted within the pool enclosure.
39. The Board may authorize the closing the pool for special events and functions. When the pool is closed for this reason, notice shall be given to the membership.
40. The pool may be closed at the discretion of any lifeguard in the case of inclement weather or the existence of hazardous weather conditions, such as lightning or thunderstorms.
41. No clothing, towels, or personal items may be left at the pool when a member leaves the pool. Unclaimed property will be discarded after thirty (30) days.
42. Eating and drinking is only permitted in the designated areas. Members and guests are required to clean up after themselves.
43. The use of barbecues or lighting of open fires is not permitted on the pool deck or in the pool area except during officially sponsored and supervised Club events approved by the Board.
44. Consumption of alcoholic beverages is not permitted in the pool areas except at Club-sponsored functions. (See MVYC Rules and Procedures, Section 3.)
45. Reasonable volumes of music may be played at the discretion of the Pool Manager or his/her designee. To ensure the quiet enjoyment of the pool,

individual radios or other music-playing devices shall be allowed with the use of headphones.

46. Loitering in the pool changing rooms and bathhouses is not permitted.
47. Unauthorized persons are not permitted in the room that houses the pool machinery, filtration and chlorination equipment.
48. Pool rules shall be posted in the pool area. Additional rules or amendments to the existing rules may be approved by the Board and posted in the pool area as necessary.
49. The Pool Manager or his/her designee has the authority to handle any situation not specifically covered by the rules according to his or her best judgment.
50. The Pool Manager, or his/her designees are responsible for enforcing these rules, and shall have final conclusive authority to enforce all matters relating to health and safety; he/she may eject any persons failing to observe health and safety rules or otherwise conducting themselves in violation of the pool rules.